



## Long-Term Care RISE ECHO Program

### FREE CONTINUING EDUCATION AND NURSING HOME ADMINISTRATOR CREDITS

The Long-Term Care RISE ECHO program hosts sessions on alternating Thursdays each month from 1-2 p.m. This program seeks to empower facility administration and staff to improve health outcomes for residents facing challenges related to age-friendly care. The Long-Term Care RISE ECHO provides an innovative and evidence-based approach to increasing high-quality care for residents by bringing together specialists and non-specialists to improve care for residents in the communities where they live.

Register for this program at: <https://redcap.link/LTCRISE24-25>



## What to expect in an ECHO session

The heart of an ECHO session is the delivery and discussion of cases presented by participants like you. Cases are presented to other registered participants and our multi-disciplinary expert team in order to gain confidence and competence in providing specialized care to residents. ECHO sessions also include 15-minute flash talks covering various topics.

## Upcoming Sessions

- Oct. 3: Advanced Care Planning
- Oct. 17: POLST—What's the point of this pink paper?
- Oct. 31: How values & changes in what's important in life can affect healthcare decisions
- Nov. 7: AFC in LTC: Overview of Age-Friendly Care



LONG TERM  
CARE RESOURCE  
COLLABORATIVE

SOUTH CENTRAL  
LTC RISE

Flip to learn more about the Project  
ECHO continuing education approach



PennState  
College of Medicine



## “All Teach, All Learn”

The Project ECHO model of continuing education leverages the power of all participants learning and sharing together. ECHO sessions consist of a group discussion on de-identified patient or facility cases submitted by participants, followed by a brief 15-minute flash talk with Q&A. As such, it is a guided, virtual learning community aimed at supporting attendees in caring for their residents and each other.

### PARTICIPATING IS FREE, SIMPLE AND VIRTUAL.

- Register for the program at no cost, and get reminders for upcoming sessions.
- Submit patient or facility cases when you can (and if you want) using easy-to-complete fillable forms.
- Join sessions using the Zoom video conferencing platform with links that are emailed to you.
- No need to travel. Participation takes just one hour of your work day.

### BENEFITS FROM PARTICIPATION

- A regional learning community of professionals like you.
- Presentations from subject matter experts.
- Suggestions on managing your most complex cases.
- Free continuing education and nursing home administrator credits.



In support of improving patient care, this activity has been planned and implemented by Penn State College of Medicine and Project ECHO. Project ECHO® is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Project ECHO® designates this live activity for a maximum of 1.0 *AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## What to Expect

- Experts dedicated to sharing knowledge with you and learning from you
- A welcoming atmosphere where people feel comfortable participating
- Responsiveness to your feedback on evaluations
- Respect for your experiences, skills and time
- Increased knowledge

## Project ECHO

Project ECHO (Extension for Community Healthcare Outcomes) is an internationally-recognized, evidence-based approach to continuing education and tele-mentoring that leverages the power of sharing knowledge across miles and across disciplines. Project ECHO started at Penn State College of Medicine in 2018 and aims to improve health outcomes and access to care within and beyond Pennsylvania.



**PennState**  
College of Medicine

